



## 15<sup>th</sup> Sunday After Pentecost

### St Poemen the Great

27 August / 9 September

**Resurrection Tropar, Tone 6:** The angelic powers were at Thy tomb; / the guards became as dead men. / Mary stood by Thy grave, / seeking Thy most pure Body. / Thou didst capture hell, not being tempted by it. / Thou didst come to the Virgin, granting life. / O Lord who didst rise from the Dead, / Glory to Thee!

**Tropar of St Pimen tone 3:** The mind was illumined with the light of divine works/ and thou wast an unfading lamp of discernment;/ for thou didst dispel the darkness of passions and illuminate our minds./ O righteous Pimen,/ pray to Christ our God to grant us His great mercy.

**Resurrection Kondak, Tone 6:** When Christ God the Giver of Life, / raised all of the dead from the valleys of misery with His Mighty Hand, / He bestowed resurrection on the human race. / He is the Saviour of all, the Resurrection, the Life, and the God of All.

**Kondak of St Pimen tone 4:** The memory of thy illustrious contests/ delights the souls of the godly today,/ O divinely wise Pimen our holy Father

#### Matins Gospel IV

#### Epistle: II Corinthians 4: 6-15

For it is the God who commanded light to shine out of darkness, who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ. But we have this treasure in earthen vessels, that the excellence of the power may be of God and not of us. We are hard pressed on every side, yet not crushed; we are perplexed, but not in despair; Persecuted, but not forsaken; struck down, but not destroyed-- Always carrying about in the body the dying of the Lord Jesus, that the life of Jesus also may be manifested in our body. For we who live are always delivered to death for Jesus' sake, that the life of Jesus also may be manifested in our mortal flesh. So then death is working in us, but life in you. And since we have the same spirit of faith, according to what is written, "I believed and therefore I spoke," we also believe and therefore speak, Knowing that He who raised up the Lord Jesus will also raise us up with Jesus, and will present us with you. For all things are for your sakes, that grace, having spread through the many, may cause thanksgiving to abound to the glory of God.

#### WE HAVE THE SAME SPIRIT OF FAITH...KNOWING THAT HE WHO RAISED UP

#### THE LORD JESUS WILL ALSO RAISE US UP

And where did He command light to shine out of darkness? In the beginning and in prelude to the Creation ...Now He said nothing, but Himself became Light for us ...We do not see sensible objects by the shining of this Light, but God Himself through Christ. Do you see the invariableness in the Trinity?...

And what is the 'dying of the Lord Jesus,' which they bore about? Their daily deaths by which also the resurrection was shown ...Do you see how he has discovered yet another reason for the trials?... That His life may also be manifested in our body ...We bear about His dying so the power of His life may be made manifest, who did not permit mortal flesh - even undergoing such great suffering - to be overcome by the blizzard of these calamities ...And he says in another place, 'If we die with Him, we will also live with Him' (II Tim. 2:11). For as we endure His dying now, and choose while living to die for His sake: so also He will choose, when we are dead, to beget us then into life. For if we come from life into death, He will also lead us by the hand from death into life.

*St. John Chrysostom. Homily VIII, 3, & IX, 1, on II Corinthians IV. B#56, pp. 319, 321-322  
for the Saint: Gal. 5:22-6:2*

#### Gospel for Sunday: Matthew 22: 35-46

Then one of them, a lawyer, asked Him a question, testing Him, and saying, "Teacher, which is the great commandment in the law?" Jesus said to him, "You shall love the LORD your God with all your heart, with all your soul, and with all your mind.' This is the first and great commandment. And the second is like it: 'You shall love your neighbour as yourself.' On these two commandments hang all the Law and the Prophets." While the Pharisees were gathered together, Jesus asked them, Saying, "What do you think about the Christ? Whose Son is He?" They said to Him, "The Son of David." He said to them, "How then does David in the Spirit call Him 'Lord,' saying: 'The LORD said to my Lord, "Sit at My right hand, Till I make Your enemies Your footstool?" "If David then calls Him 'Lord,' how is He his Son?" And no one was able to answer Him a word, nor from that day on did anyone dare question Him anymore.

## THE GREAT COMMANDMENT IN THE LAW

"Then one of them, which was a lawyer, asked Him a question, tempting Him, and saying, Master, which is the great commandment in the law?" (Mt. 22:35).

If you were attentive to how the Holy Church, revealing to us the mystery of our salvation, gradually shows us in the Sunday Gospel readings the way of resurrection for the human soul, then you also noticed that starting from Easter until today there were several cycles. One of these cycles convinced us that the Lord is our Saviour, our Saviour from sin, and that He is All-powerful. And further we were shown the dispositions, the states of mind which should be in the soul of every Christian, in order to perceive that power which the Lord has given to us, establishing our salvation in the plan of eternal life. These Gospel readings opened to us the feeling of humility and devotion to God, in understanding the Word of God as acting in our life. And then these cycles changed into others, and we came to a cycle which revealed that all this which God gives us can be accomplished, but only within the limits of the Church. Like the boat in which the Apostles were sailing, it preserved the Apostles. And this boat was like the laws in which lived and lives the Church, which protects those who are in the boat from all the troubles that occur outside of it.

But this is possible only if, on our part, we are obedient to the Lord. And such obedience is connected with certain experiences, in the same way the Apostles experienced them: storm and fear. But if we presume upon the power of God, then we lose obedience and, instead of obedience, we receive boldness. And the same could happen to us which happened to the Apostle Peter, who in a transport of delight and daring, asked Christ for permission to walk to Him on the waves. And Christ in a way answered him: walk, if you want to. This was no longer obedience; this was not the will of Christ, but the will of Peter. And then Peter found himself alone in the water; the waves were so high that Christ was not even visible. Here Peter came to his senses: the law of nature took hold of him; he became frightened and started to drown. And only a strong faith in the Lord and the constant trust in the Almighty saved him (Mt. 14:24-31).

And further: in the Gospel about the filling of five thousand people with five loaves of bread, again the Lord seemed to be talking in a mysterious way about the Church. "Give ye them to eat!" He said to the Apostles, declining their attempt to let the people go into the neighbouring villages to buy food (Mt. 14:16). Does this not mean that He entrusted them, the Apostles and their successors, with feeding people the true food, His Body and Blood, in the Sacrament of the Divine Eucharist? And when He ordered the people to sit in groups, does it not symbolise the organisation of the Church?

The Sunday Gospel readings were convincing us more and more that Christian life is possible only within the Church, under the definite laws of the Church, along with the Divine Eucharist, which is the Tree of Life of the New Testament. So after having brought us to this understanding, the Church begins to show us, explains to us what the life is which surrounds us.

If you will remember, the Gospel before last told us about a certain young man who approached Christ (Mt. 19:16-23). And this young man asked Christ: what shall I do to receive the Kingdom of Heaven? He was like a materialist. He fulfilled accurately everything prescribed by the Law. He himself said, I have fulfilled the commandments. But he fulfilled them as a tradition, as an obligation. And the Lord saw this and said: Then reject everything that you have. In other words, reject the hope you have put in your riches. The young man froze. He could not understand how it is possible to reject this power, the power of the world. Why, through riches we can have everything we want. In such a way the enemy of the human race tempted man and perverted our understanding.

Following that, the last Gospel reading spoke about the workers in the vineyard (Mt. 21:33-42). This vineyard represents in a parable our whole world. The Lord owns this vineyard. And the workers in the vineyard are only servants, who receive everything necessary for their maintenance. And in the end, everything which the vineyard produces must be given back to their Lord. But the vineyard workers saw the beauty of the vineyard, the comfort of life, and decided that in this consists the whole meaning of life, is life itself. They would live. And therefore, when the Heir came, they killed Him. They said to themselves: What do we need Him for? The vineyard is ours. This is ours.

This is exactly what we are doing now. We say of the world and worldly goods: This is ours. And we cannot conceive leaving here. How are we going to part with all our comforts of life? How are we going to reject all our houses, our airplanes, all the inventions which seek to know the world and its mysteries, technology, everything that we are using? How are we going to leave?

And now today the Holy Church points out: we have to fulfil the commandments, and we have to participate in the life around us. Why? Well, because God has sent us here so that through these circumstances, as a means, we would obtain that which is needed. But what is needed? At the creation of man, God gave him the commandments: love for God and neighbour. And these commandments we must fulfil. The Lord, Who came on earth, came to save man. But how? By fulfilling the commandments of love for God and neighbour, and by giving strength to fulfil these commandments. And in fulfilling these commandments, we receive blessedness.

During His whole evangelistic life Christ was tempted by Satan. In the beginning it was in the wilderness: the temptation was by bread, by miracle, and by kingdom. Rejecting all these temptations, Christ fulfilled the commandment of love for God. After that, the enemy did not approach Christ openly, but only through the hearts of men, hoping to stir up in Christ hatred towards neighbour. But Christ never became angry at a man, but only at the power of the enemy, by saying: "Get thee behind me, Satan" (Mk. 8 :33). In such a way the Lord Himself fulfilled this great commandment, and in His Sacraments gives even to us the forces to fulfil it.

So let us fulfil it! "Which is the great commandment?" asked the lawyer. And the Lord answered: "Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbour as thyself. On these two commandments hang all the law and the prophets" (Mt. 22:36-40).

*The One Thing Needful - Archbishop Andrei.*

for the Saint: Matt. 4:25-5:12

### Saints of the week

**27 August / 9 September – Our Holy Father Pimen the Great** - an Egyptian by birth and a great Egyptian ascetic. As a boy, he visited various spiritual teachers and gathered proven experience as a bee gathers honey from flowers. Pimen once begged the elder Paul to take him to St Paisius. Seeing him, Paisius said: 'This child will save many; the hand of God is on him.' In time, Pimen became a monk and drew two of his brothers to monasticism. Their mother once came to see her sons, but Pimen would not allow her in, asking through the door: 'Which do you want more: to see us here and now, or in the other world in eternity?' Their mother went away joyfully, saying: 'If I will see you for certain there, I don't need to see you here.' In the monastery of these three brothers, governed by the eldest, Abba Anoub, the rule was as follows: at night, four hours were passed in manual work, four hours in sleep and four in reading the Psalter. The day was passed, from morning to noon, in alternate work and prayer, from mid-day to Vespers in reading and after Vespers they prepared their meal, the only one in the twenty-four hours, and this usually of some sort of cabbage. Pimen himself said about their life: 'We ate what was to hand. No-one ever said: "Give me something else", or "I won't eat that". In that way, we spent our whole life in silence and peace.' He lived in the fifth century, and entered peacefully into rest in great old age. The Holy Martyr Phanurius - who he was and when he lived is not known, but he is much venerated in Rhodes and Crete. In 1500, he appeared to some people on the island of Rhodes, where he also showed wonders of healing. There is found there an old icon of him, in which he is depicted as a young soldier holding a cross in his right hand and a burning candle in his left. St Phanurius is also much venerated in Egypt. There is a tradition that his mother was a great sinner, whom not even he could convert. But his filial love for his mother was great beyond measure, and he prayed more for his mother's salvation than his own. When the pagans stoned him to death for Christ, St Phanurius prayed to God: 'For the sake of these my sufferings, Lord, help all those who will pray to Thee for the salvation of Phanurius's sinful mother.' In Egypt, many Christians pray thus: 'O Lord, save Phanurius's mother and help me, a sinner' —and many receive help through this prayer. Our Holy Father Pimen of Palestine: St Hosius of Cordova: The Hieromartyr Kuksha, and Pimen the Faster; St. Caesarius, bishop of Arles (543).

**28 August / 10 September - Our Holy Father Moses the Negro** - An Ethiopian, he was at first a robber and the leader of a robber band, but he then became a penitent and a great ascetic. As a slave, Moses escaped from his owner and became a robber. Because of his great physical strength and recklessness, the robbers chose him as their leader. Suddenly his conscience was filled with remorse and repentance for the crimes he had committed. He left the band, went to a monastery and gave himself entirely to obedience to his spiritual father and to the rule of the monastery. He made great use of the teaching of Saints Macarius, Arsenius and Isidore. Later, he withdrew to solitude in a cell, where he gave himself utterly to physical labour, prayer, vigils and pondering on God. Tormented by the demon of lust, he confessed to his spiritual father, Isidore, and received from him the advice to fast as much as possible, and never to eat his fill. When this proved to be of no help, he, at the elder's advice, began to keep night-vigils and to pray standing; he then got into the way of carrying water from a distant well for the older monks. After six years of terrible striving, St Isidore finally healed him miraculously of the lustful thoughts, imaginings and dreams visited on him by the demon. He was ordained priest in old age. He founded a monastery of his own, and had seventy-five disciples, himself living to the age of seventy-five. He foresaw his own death, and one day told his disciples to flee, as barbarians were coming to attack the monastery. When his disciples urged him to flee as well, he told them that he must perish in the attack, for he had himself at one time done violence, according to the words: 'all they that take the sword shall perish with the sword' (Matt. 26:52). So he stayed, with six of his brethren. The barbarians came and ran them through. One of the brethren, hiding nearby, saw seven shining wreaths descend upon the seven martyrs. Abba Moses used to say, "Secret withdrawal (from work) maketh dark the mind, but or a man to endure and to persevere in his works maketh light the mind in our Lord, and it strengtheneth and fortifieth the soul." and " These four things lead to fornication: eating and drinking, oversleeping, negligence and decoration of clothes." "If you want to repent to God, beware of living in luxury, for this stimulates all passions and dispels the fear of God from the heart." The uncovering of the relics of St. Job of Pochaev; Our Holy Father Sava of Pskov and Krypetsk; The Assembly of all the Men of God of the Kiev Caves.

**29 August / 11 September – Fast Day - The Beheading of the Glorious Prophet, Forerunner and Baptist John** - Herod Antipas, son of the Herod who slew the young children in Bethlehem at the time of the birth of the Lord Jesus, was ruler of Galilee when John the Baptist was preaching. This Herod was married to the daughter of Aretas, an Arabian prince. But Herod, an evil branch of evil stock, put away his lawful wife and took Herodias, his brother Philip's wife, to live with him while Philip was still alive. John the Baptist stood up against this lawlessness and strongly denounced Herod, at which Herod threw him into prison. At the time of some feast at his court in Sebastia in Galilee, Salome, the daughter of Herodias and Philip, danced for the guests. Herod, in his cups and carried away by her dancing, promised her whatever she asked, even to the half of his kingdom. Instructed by her mother, she asked for the head of John the Baptist. Herod commanded that John be beheaded in the prison and his head brought on a platter. John's disciples took the body of their teacher by night and buried it, but Herod tore out John's tongue with a needle and then buried his head in an unclean place. What later happened to John's head is

recorded and can be read the Prologue under February 24th. God's punishment was quickly visited upon this group of evildoers. Prince Aretas, to avenge his daughter's honour, attacked Herod with his army and brought him to his knees. The defeated Herod was condemned by the Roman Caesar, Caligula, to exile first in Gaul and then in Spain. As exiles, Herod and Herodias lived in need and debasement until the earth opened and swallowed them up. Salome, Herodias's daughter, came to a bad end in the river Sikaris (Sula). The death of John took place before the Passover, but its commemoration on August 29th was instituted because it was on this day that a church, that had been built over his grave in Sebastia by the Emperor Constantine and the Empress Helena, was consecrated. In this church were also placed the relics of John's disciples, Eliseus and Audius. Our Holy Mother Theodora of Salonica; The Holy Martyr Vassilia; The Holy Martyr Anastasius;

**St. Sebbi, king of the East Saxons (c.694), monk** - he became the king of Essex (or the East Saxons) following the conversion of the kingdom by St. Cedd in 664. He ruled at a time when there was relative peace and the realm was under the domination of Mercia, a nearby kingdom. Sebbi abdicated after ruling thirty years and became a monk in London. He died there and was buried in the old St. Paul's.

**30 August / 12 September - Fast Day - Afterfeast of the Beheading of St. John the Baptist** - Ss Alexander, John and Paul the New, Patriarchs of Constantinople - Alexander took part in the First Ecumenical Council in Nicaea, in place of the aged Patriarch Metrophanes, whom he then succeeded. When certain philosophers tried to dispute with him about faith, he said to one of them: 'In the name of my Lord Jesus Christ, I command you to remain silent!', and the philosopher became dumb from that moment. By his prayers, also, Arius's life was shortened. Alexander died at the age of ninety-eight, in the year 340. St John the Faster governed the Church in the days of the wicked Emperor Anastasius, an Acephalite heretic. He entered into rest in 595. St Paul IV governed the Church for five years and eight months and renounced the throne to receive the Great Habit secretly, to repent of his sins when he first supported the iconoclasts. He was the predecessor of the great Tarasius, and entered into rest in the time of Irene and Constantine, in 784; The Assembly of the Enlighteners and Teachers of Serbia; Our Holy Father Christopher; St Eulalius, Bishop of Caesarea in Cappadocia; At Todi in Umbria, Ss. Terence & Flaccus, martyrs; Translation of the relics of St. Alexander Nevsky.

**31 August / 13 September - The Feast of the Girdle of the Most Holy Mother of God** - At her Dormition, the most holy Mother of God left her girdle to the holy Apostle Thomas. This girdle was later taken to Constantinople and kept there in a sealed casket in the church of the Mother of God at Blachernae, founded by the Empress Pulcheria. This casket was never opened until the time of the Emperor Leo the Wise (886-912). Leo's wife, the Empress Zoe, was taken sick in soul and, as the result of a mysterious vision, desired that the girdle of the holy Mother of God be placed upon her. The Emperor asked the Patriarch, and the casket was opened. The girdle was taken out and placed upon the sick Empress, who immediately recovered. This feast was instituted as a memorial of this wonder. One part of this girdle is to be found in Georgia, in Zugdid. This came about as follows: The daughter of the Emperor Romanus was healed by the aid of this girdle and, later, when her father gave her to King Abuchaz of Georgia, she took a part of this girdle with her. By order of the Russian Tsar Alexander I, a special church was built in Mingrelia in Zugdid, where this piece of the wonderworking raiment of the holy Mother of God is kept; St Gennadius, Patriarch of Constantinople; The Hieromartyr Cyprian' St John, Metropolitan of Kiev; at Glastonbury, **St. Aidan, bishop of Lindisfarne, apostle of N. England who taught the Wednesday and Friday fasts (651)** - An Irish monk who had studied under St. Senan, at Iniscathay (Scattery Island). He is placed as Bishop of Clogher by Ware and Lynch, but he resigned that see and became a monk at Iona about 630. His virtues, however, shone so resplendently that he was selected (635) as first Bishop of Lindisfarne, and in time became apostle of Northumbria. St. Bede is lavish in praise of the episcopal rule of St. Aidan, and of his Irish co-workers in the ministry. Oswald, king of Northumbria, who had studied in Ireland, was a firm friend of St. Aidan, and did all he could for the Irish missionaries until his sad death at Maserfield near Oswestry, 5 August, 642. St. Aidan died at Bamborough on the last day of August, 651, and his remains were borne to Lindisfarne. Bede tells us that "he was a pontiff inspired with a passionate love of virtue, but at the same time full of a surpassing mildness and gentleness."

**St. Eanswythe, abbess of Folkestone, grand-daughter of king St. Ethelbert of England, (c.640)** - is remembered for the simple life in which she gave up all the pleasures of the World. Once, the King of Northumbria asked to marry Eanswythe. At that time her father was building an oratory for her and one of the beams to be used was three feet too short. Eanswythe set the King a task to complete in order to win her hand in marriage. If the King's gods could, by his prayers, lengthen the beam then she would marry him. The King failed and went away filled with shame. Eanswythe however, approached the beam, made a prayer, and the beam lengthened to the required size. This was the first miracle. The nearest water to the oratory was a good distance away and had to be brought by hand. Eanswythe therefore went to the spring a mile or so away in the village of Sweeten. Using a stick she made the water follow her, up and down over cliffs and rocky summits, to her Oratory, where it delivered abundant water for men and animals. In the third miracle the young virgin placed an interdict that the birds should stop settling on the nearby fields and consuming the produce. So it was - the birds obeyed. She performed still further miracles. She restored a blind woman's sight, made a mad man sane and restored health in others from various diseases. King Eadbald consented to allowing her to found a monastery where she served as its abbess. Hers was the first convent in England. The Abbey was destroyed by the Danes; the church built in its place became an "alien" Priory of Lonlay l' Abbeye(Orne) in 1095; then about 1838 the Monks were moved by William de Avaranches to the site of the present church. Less than a century later a great rebuilding took place. It was finally rebuilt as we see it today between 1856 and 1874. In art, Saint Eanswythe is portrayed as a crowned abbess with a book and two fish.

**1 / 14 September - Fast Day - The Beginning of the Church's Year** - The First Ecumenical Council decreed that the Church's year should begin on September 1st. The month of September was, for the Jews, the beginning of the civil year (see Exodus 12:2), the month of the gathering of fruits and the bringing to God of sacrifices of thanksgiving. It was at the time of this feast that the Lord Jesus went into the synagogue in Nazareth, opened the Book of the Prophet Isaiah and read the words: 'The Spirit of the Lord is upon Me; because He hath anointed Me to preach good tidings unto the meek; He hath sent Me to bind up the broken-hearted, to proclaim liberty to the captives, and the opening of the prison to them that are bound; to proclaim the acceptable year of the Lord, and the day of vengeance' (Is. 61:1-2; cf. Luke 4:16-21). This month of September is also noted in the history of Christianity because it was during September that Constantine the Great was victorious over Maxentius, the enemy of the Christian faith, a victory followed by the granting of freedom of confession of the Christian faith through- out the whole Roman Empire. For a long time, the civil year in the Christian world was reckoned in the same way as the Church's year, from September 1st, but it was later changed to January 1st, first in western Europe and then also in Russia in the time of Peter the Great;

**Our Holy Father Simeon Stylites (the Elder) and his mother St. Martha** - born in Syria of peasant parents, he fled from them at the age of eighteen and became a monk. He gave himself to the strictest asceticism, sometimes fasting for forty days. After that, he followed a particular ascesis, until then unknown: standing day and night on a pillar in unceasing prayer. His pillar was at first three metres high, then one of six metres was built for him, then eleven, eighteen and finally twenty. His mother, Martha, came to see him twice, but he would not receive her, saying to her from his pillar: 'Don't disturb me now, Mother dear, if we are to be worthy to meet in the next world.' St Simeon endured innumerable assaults from demons, overcoming them all by prayer. He worked great miracles, healing the sick by his prayers and his words. People from all sides gathered around his pillar: rich and poor, kings and slaves. He helped them all, restoring bodily health to some, giving comfort and instruction to others and denouncing some for their heretical faith. The Empress Eudocia was thus turned from the Eutychian heresy back to Orthodoxy. Simeon lived in asceticism during the reigns of the Emperors Theodosius the Younger, Marcian and Leo the Great. This first Christian stylite and great wonderworker, St Simeon, lived for seventy years, and entered into rest in the Lord on September 1st, 459. His relics were taken to Antioch, to the church dedicated to his name; St. Joshua the Son of Nun.

**2 / 15 September - The Holy Martyr Mamas** — He was born in Paphlagonia of eminent Christian parents, Theodotus and Rufina, who were thrown into prison for the name of Christ. In the prison, Theodotus was the first to die, and Rufina, after giving birth to a son, soon followed her husband, and the new-born child was left in the prison beside the bodies of his parents. God the Provider sent His holy angel to a noble widow, Ammia, whom the angel told in a dream to go to the prison and take the child. Ammia asked the city governor's permission to bury the dead and take the child into her own home. The child was dumb until the age of five, and then his first word was 'Mama', because of which he was given the name Mamas. At school, he showed an unusual brightness, and, being brought up at home in a Christian spirit, did not conceal his faith but confessed it before his contemporaries, mocking at the idols. In the time of the Emperor Aurelian, there was a vicious persecution of Christians, and the pagans did not spare even Christian children. Mamas was fifteen years old when he was taken before the Emperor. The Emperor told him to deny Christ only with his lips. To this Mamas replied: 'I shall not deny my God and King Jesus Christ either in my heart or with my lips.' The Emperor ordered that he be beaten, burned with torches and finally thrown into the sea, but an angel of God saved him and took him to a high mountain near Caesarea. There he lived in solitude and prayer, and fierce wild beasts were tamed by his holiness. He was eventually found there by the persecutors and put again to torture. Overcoming both the power of fire and the fierceness of wild beasts, holy Mamas was stabbed with a trident by a pagan priest. He thus gave his holy soul to the God to whom he had remained faithful in all his sufferings. Many of the sick have been healed by his relics. St John the Faster, Patriarch of Constantinople; St Eleazar; The Feast of the Kaluga Icon of the Mother of God.