

12th Sunday After Pentecost
Martyr Agathonicus and companions
&
Afterfeast of Dormition
22 August / 4 September



Resurrection Tropar, Tone 3: Let the heavens rejoice / let the earth be glad / for the Lord has shown strength with His arm! / He has trampled down death by death! / He has become the first-born of the dead! He has delivered us from the depths of hell / and has granted the world great mercy.

Troparion of the Feast tone 1: In giving birth thou didst keep thy virginity,/ and in thy dormition thou didst not forsake the world, O Mother of God./ Thou didst pass on to life, since thou art the Mother of Life,/ and by thine intercessions thou redeemest our souls from death.

Troparion of St Agathonicus tone 3: Thou hast raised up a victorious trophy over error, O Agathonicus,/ and wast found worthy of incorruptible riches./ Thou didst emulate the death of the Master/ and become a partaker of immortal life./ O glorious Martyr, entreat Christ our God to grant us His great mercy.

Resurrection Kondak, Tone 3: On this day thou didst rise from the tomb, O Merciful One, / leading us from the gates of death / On this day Adam exults as Eve rejoices. / With the prophets and the patriarchs they unceasingly praise the divine majesty of Thy power.

Kontakion of the Feast tone 2: The grave and death could not hold the Mother of God,/ who is sleepless in her intercessions and an unchanging hope in her mediations./ For as the Mother of Life she was transferred to life/ by Him Who dwelt in her ever-virgin womb.

Kontakion of St Agathonicus tone 1: O glorious Agathonicus thou namesake of goodness,/ thou art a godly martyr/ who didst turn from the shrines of evil men,/ not fearing their tortures./ Wherefore thou didst inherit blessings and worthily receive the crown of incorruption/ with thy fellow martyrs.

Matins Gospel I

Epistle: Corinthians 15: 1-11

Moreover, brethren, I declare to you the gospel which I preached to you, which also you received and in which you stand, By which also you are saved, if you hold fast that word which I preached to you--unless you believed in vain. For I delivered to you first of all that which I also received: that Christ died for our sins according to the Scriptures, And that He was buried, and that He rose again the third day according to the Scriptures, And that He was seen by Cephas, then by the twelve. After that He was seen by over five hundred brethren at once, of whom the greater part remain to the present, but some have fallen asleep. After that He was seen by James, then by all the apostles. Then last of all He was seen by me also, as by one born out of due time. For I am the least of the apostles, who am not worthy to be called an apostle, because I persecuted the church of God. But by the grace of God I am what I am, and His grace toward me was not in vain; but I laboured more abundantly than they all, yet not I, but the grace of God which was with me. Therefore, whether it was I or they, so we preach and so you believed.

HE WAS SEEN BY CEPHAS, THEN BY THE TWELVE. AFTER THAT...

BY MORE THAN FIVE HUNDRED BRETHREN AT ONCE... LAST OF ALL HE WAS SEEN BY ME ALSO

Having finished the discourse on spiritual gifts, he passes on to the most necessary of all: the subject of the resurrection. For in this, too, they were very unsound. And as in men's bodies when the fever lays actual hold on their solid parts - I mean the nerves and the veins and the primary elements - the mischief becomes incurable unless it receives much attention, at that time something very similar was likely to happen. The mischief was proceeding to the very elements of godliness. This is why Paul also uses great earnestness. For his discourse was not of morals ...but about the very sum of all good things. They were at variance touching the resurrection itself. The devil was taking a vehement stand against the resurrection because this was our great hope ...Paul, writing to Timothy, called it gangrene ...saying, 'Of whom is Hymenaeus and Philetus, who concerning the truth have erred, saying that the resurrection is past already, and overthrow the faith of some' (II Tim. 2:17,18). At one time then they spoke this way, but at another time they said that the body does not rise again but the resurrection is the purification of the soul. But these things that wicked demon persuaded them to say ...to show that all the things done for our sakes are a fable. For if they were persuaded that there is no resurrection of bodies, he would have gradually persuaded them that neither was Christ raised ...Paul puts this before us with much exactness, going over all of it...

Gospel Matthew 19: 16-26

Now behold, one came and said to Him, "Good Teacher, what good thing shall I do that I may have eternal life?" So He said to him, "Why do you call Me good? No one is good but One, that is, God. But if you want to enter into life, keep the commandments." He said to Him, "Which ones?" Jesus said, "'You shall not murder,' 'You shall not commit adultery,' 'You shall not steal,' 'You shall not bear false witness,' 'Honor your father and your mother,' and, 'You shall love your neighbour as yourself.'" The young man said to Him, "All these things I have kept from my youth. What do I still lack?" Jesus said to him, "If you want to be perfect, go, sell what you have and give to the poor, and you will have treasure in heaven; and come, follow Me." But when the young man heard that saying, he went away sorrowful, for he had great possessions. Then Jesus said to His disciples, "Assuredly, I say to you that it is hard for a rich man to enter the kingdom of heaven. And again I say to you, it is easier for a camel to go through the eye of a needle than for a rich man to enter the kingdom of God." When His disciples heard it, they were greatly astonished, saying, "Who then can be saved?" But Jesus looked at them and said to them, "With men this is impossible, but with God all things are possible."

THE RICH YOUNG MAN

See in the Epistle above what kind of reading from the Apostle Paul the Holy Church has selected for us today, in order to strengthen us in a definite state of mind. Along with the Sunday Gospel reading, which serves as a support, it strengthens in us the understanding that we live here temporarily. However, we fight against such an understanding; we don't even want to think about it. But it's a fact. Yes, our life is seventy years, and if by reason of strength, eighty years; but beyond this is hardship and disease. And how many tragic cases there are when God cuts off our earthly life in the years of youth, and even in childhood.

What have the Sunday Gospel readings been saying to us during the last few weeks? They have been saying that we must be perfect, that we must be Christians, because at any time the moment may come when Christ will call us and say: "Follow Me!" (Mt. 19:21). But how are we going to follow Him if we are spiritually paralysed, if we are spiritually blind and do not see His abodes on high?

Christ saves us from these dispositions. He gives us His Church. And the Orthodox Church is always reminding us of what the Bible says: how the world of God was created, how the first people lived, how the Fall occurred. Adam did not want to go from strength to strength, from grace to grace in communion with God, but wanted to have this strength within himself. And he went away, went away into the byways of human life, and therefore lost the Tree of Life. But God the Merciful One, God the Father gives us His Son Who was incarnate of the Most Holy Virgin, Who lived the Good News of the Gospel and showed us how to fulfill the commandment: Love for God and neighbour.

In today's Epistle the Apostle Paul shows us the true Risen Christ, Who brings us to Eternal Life. Paul himself, while still Saul, was also wandering in search of truth. He too in the beginning was searching for the earthly Christ who would free the Jews from the power of Rome. But when he was on the way to persecute the Church of God, he met Christ Himself, already after the Ascension; and here Saul became Paul. And as we heard in today's reading, he became the preacher of the Risen Christ. He became a New Testament man, who (if one can say so) brought about a great revolution in the world and transformed the whole world into the search for Christ and the striving for Life in Christ. With the name of the Apostle Paul is connected all the preaching of Christ in the entire world.

So when the Holy Church has strengthened us in the understanding that we are going toward Eternal Existence through our earthly wandering to Christ, then the Holy Church addresses us and points out: do not be mistaken. A certain lawyer came to Christ and asked:

What shall I do in order to inherit the Kingdom of God? (Today's Gospel). And Christ said, Fulfill the commandments. And when this lawyer said, From my childhood I have fulfilled the commandments, Christ saw his lack of understanding of the truth and said: Then give away everything that you have and follow Me (Mt. 19:16-21). But this man had much and trusted in this "much." Everything around him was real to him, and this reality gave him security in life. And this, what Christ was saying about future life, was not real to him. Therefore, when Christ said to him, Follow me and give away everything; he thought: how do I give it away? What will I have then? And what did he want to have? Power, strength, to be a possessor of earthly things.

The Apostle says today: what is earth? Christ leads us into Eternal Life. He saves us in an earthly way. God gives people abilities and knowledge; these are the various ways in which people pass their earthly life. But laid before them as a foundation are the Beatitudes: blessed are the poor in spirit, blessed are those who weep, blessed are the meek, blessed are those who hunger and thirst for righteousness, blessed are the peacemakers, those who are persecuted (Mt. 5:3-11). See, these are all the heavenly ways. This is what the Holy Church sets before us. Speaking to us about life beyond the grave, about resurrection (not as an idea, but as real life), about the Apostle Paul and all our saints, she shows us the truth and shows us that mirage which appears to be real. But if we start to live for this reality in order to acquire earthly goods, we will find ourselves in an abyss, and everything we possess will remain here. There will be nothing that belongs to Christ.

So let us arise, brothers, answering the calls of the Holy Church today: do not abandon prayer, do not abandon fasting which gives us concentration and attention, do not neglect also your good heart which will obtain for you a revelation from God and the joy of spiritual spring which will strengthen you in Eternal Life.

The One Thing Needful – Archbishop Andrei

Saints of the Week

22 August / 4 September - Afterfeast of the Dormition - The Holy Martyrs Agathonicus, Zoticus and others - St Agathonicus was a citizen of Nicomedia and a Christian. He turned the Greeks from idolatry with great fervour, and instructed them in the true Faith. The imperial governor, on orders from the Emperor Maximian, was persecuting Christians with great harshness. In this persecution, he seized St Zoticus in a place called Carpe, crucified his disciples and took him off to Nicomedia, where he also seized and bound Agathonicus, Princeps, Theoprepius, Acyndinus, Severian, Zeno and many others. They were taken, securely bound, to Byzantium. On the way, Zoticus, Theoprepius and Acyndinus died from exhaustion and of their wounds. Severian was killed near Chalcedon and Agathonicus and the others were taken to Thrace, to a place called Silybria, where, after torture before the Emperor himself, they were beheaded with the sword and entered into eternal life and the joy of their Lord. The Holy Martyr Eulalia; The Holy Martyr Anthusa;

St. Sigfrid, abbot of Wearmouth (688) - Nothing is known about the early life of Saint Sigfrid, a disciple of Saint Benedict Biscop. He was known for his knowledge of Scripture, his temperance, and obedience. During Benedict's absence on his fifth visit to Rome, Saint Esterwine died. Saint Ceolfrid and the other monks elected the deacon-monk Sigfrid to take Esterwine's place as coadjutor abbot of Jarrow and abbot of Wearmouth in 686. Both saints fell deathly ill upon Benedict's return to Jarrow. Knowing that their earthly lives were about to end and wanting a final meeting to inquire about the welfare of each other and their monks, Sigfrid, suffering from a lung disease, was carried on a stretcher to Benedict's cell. They were both too weak to even embrace one another unaided. After consulting Sigfrid, Benedict sent for Ceolfrid and appointed him abbot over both monasteries. Benedict and Sigfrid, of one heart in life, died the same year. Sigfrid was buried by Saint Ceolfrid in the abbey-church of Saint Peter next to his master, Saint Benedict, and his predecessor, Saint Esterwine;

St. Symphorian (c.2nd-3rd c.) - he lived in Gaul in the Roman city of Autun, where the pagan goddess Cybele was particularly revered. On her feast day the image of this goddess was wheeled through the streets of Autun on a chariot, while the mob bowed and worshipped. Taking part in the ceremonies was the provincial governor, Heraclius. Heraclius commanded Symphorian to worship Cybele as the mother of all the gods. Declaring that he worshipped the one true God, Symphorianus asked for a hammer to smash the pagan idol. Learning that Symphorian came from a noble family, the governor decided to give him another chance. When the saint persisted in his faith, he was flogged. The governor then tried to bribe him, offering him an army commission if he would recant. But all this was in vain, and he eventually condemned the saint to be killed by the sword. Soldiers led him to the place of execution outside the city wall. As they went he saw his mother standing on the walls. She shouted to her son, 'Do not be afraid, Symphorian. Your death will lead straight to eternal life.' Then swordsman cut off his head and he was buried in a tomb. Resurrection Tropar, Tone 2: When Thou didst descend to death, O Life Immortal, Thou didst slay hell with the splendour of Thy Godhead! And when from the depths Thou didst raise the dead, all the powers of Heaven cried out: O Giver of Life, Christ our God, Glory to Thee!

23 August / 5 September - Apodosis of the Dormition - The Holy Martyr Lupus - this holy man was a servant of St Dimitrios of Salonica. When St Dimitrios was beheaded by the Emperor Maximian, Lupus dipped the hem of his garment and his ring in the martyr's blood. Lupus worked many miracles in Salonica with this garment and ring, healing people of every pain and infirmity. The Emperor Maximian, who was still staying in Salonica, discovered this, and commanded that Lupus be tortured and killed. But the soldiers who drew their weapons on Lupus turned one on the other and wounded one another. As Lupus was not yet baptised, although he was a Christian, he prayed to God that He would somehow bring about his baptism before his death. On this, water suddenly poured down on the holy martyr from a cloud, and he thus received baptism. After harsh torture, he was beheaded and entered into the heavenly Kingdom; The Hieromartyr Pothinus, Bishop of Lyons; The Hieromartyr Irenaeus, Bishop of Lyons - He was in his youth a pupil of St Polycarp, the disciple of the apostles, who sent him to preach in Gaul. After St Pothinus's death by martyrdom, Irenaeus was made bishop. In his numerous writings, Irenaeus both expounded the Orthodox faith and defended it against heretics. He suffered for Christ in the time of the Emperor Severus, in 202, along with nineteen thousand Christians; St Victor;

Holy Martyr Ebba the Younger, abbess of Coldingham, sister of King Oswy and her companions (870) - Abbess at Coldingham, Berwickshire, Scotland, a double monastery that had been founded by Saint Ebbe the Elder, and which was the largest in the country at the time. When the monastery was attacked by Scandinavian pirates, Ebbe gathered her nuns and exhorted them to save themselves from falling into the hands of the pirates by voluntary disfiguring themselves. She then set an example by cutting off her own nose and upper lip; the other nuns did the same. When the Vikings broke into the convent, they were so horrified and angry by what the women had done to escape being raped, they locked them all in, set fire to the house, and burned them all to death.

24 August / 6 September - The Hieromartyr Eutyches - one of the lesser apostles, born in Sebastopol, he was a disciple and friend of the Apostles John the Theologian and Paul. Although he was not included in the Seventy, he was called an apostle by virtue of having been a disciple of the great apostles, and because he showed true apostolic zeal in the service of the Gospel. Consecrated as a missionary bishop, St Eutyches travelled widely, having an angel as a companion, and he also received heavenly bread from an angel while in prison. When his body was flayed with serrated iron rods, his blood ran down mingled with a sweet myrrh. He was thrown into the flames and before wild beasts, and was finally beheaded with the sword in Sebastopol; The Holy Martyr Tation; The Holy Martyr Syra; Our Holy Father Arsenius of Komel; St George Limniotes.

25 August / 7 September - Fast Day - The Holy Apostle Titus - One of the Seventy, he was born in Crete and educated in Greek philosophy and poetry. Led by a dream, he read the Prophet Isaiah and came to doubt all Hellenic learning. Hearing of Christ the Lord, he went to Jerusalem with some other Cretans, and himself heard the words of the Saviour and saw His mighty works. His youthful heart clave utterly to Christ. He was later baptised by the Apostle Paul, whom he served in the works of the Gospel as a son serves his father. Paul loved Titus so greatly that he sometimes called him his son (Titus 1:4), and sometimes his brother (II Cor. 12:18). Titus travelled widely with the great Apostle of the people, and was by him made Bishop of Crete. At the time of Paul's suffering in Rome, Titus was there, and buried the body of his teacher and spiritual father. He then returned to Crete, where he had great success in baptising the pagans, and wisely governed the Church to great old age. He entered into rest at the age of ninety-four; .The Holy Apostle Bartholomew - Today is the commemoration of the translation of St. Bartholomew's relics, while his main feast falls on June 11th. When this great Apostle was crucified in Ourbanopolis in Armenia, Christians took his body and buried it in a leaden coffin. When numerous miracles had been wrought over the Apostle's grave, especially healings of the sick—which led to an increase in the number of Christians—the pagans took the coffin containing Bartholomew's relics and cast it into the sea. At the same time, they threw in four other coffins with the relics of four martyrs: Papias, Lucian, Gregory and Acacius. By God's providence, the coffins did not sink, but floated, carried by the waves, to various places: Acacius's to the city of Askalon, Gregory's to Calabria, Lucian's to Messina, Papias's to another place in Sicily and Bartholomew's to the island of Lipara. By some mysterious revelation, the Bishop of Lipara, Agathon, learned of the approach to Lipara of the relics of St Bartholomew. Agathon, with his clergy and people, went out to the shore and awaited the coffin with great joy. On that occasion, many of the sick were healed by the holy Apostle's relics. They were placed in the church of St Bartholomew and lay there until the time of Theophilus the Iconoclast (about 839), then, when the Moslems threatened the Liparites, the Apostle's relics were taken to the town of Benevento. Thus God glorified His apostle by miracles, both during his lifetime and after his death; the Holy Confessors of Edessa; St. Menas, Patriarch of Constantinople; at York the translation of the relics of St. Hilda of Whitby (680).

26 August / 8 September - The Holy Martyr Adrian and his wife Natalia - Husband and wife, they were both of noble and wealthy families in Nicomedia. Adrian was the governor of the Praetorium and a pagan, and Natalia was a secret Christian. They were both young, and had lived in wedlock for thirteen months in all before their martyrdom. When the wicked Emperor Maximian visited Nicomedia, he ordered that the Christians be seized and put to torture. There were twenty-three Christians hidden in a cave near the city. Someone handed them over to the authorities and they were cruelly flogged with leather whips and staves, and thrown into prison. They were then taken from prison and brought before the Praetor for their names to be noted . Adrian looked at these people, tortured but unbowed, peaceful and meek, and he put them under oath to say what they hoped for from their God, that they should undergo such tortures. They spoke to him of the blessedness of the righteous in the Kingdom of God. Hearing this, and again looking at these people, Adrian suddenly turned to the scribe and said: 'Write my name along with those of these saints; I also am a Christian.' When the Emperor heard this, he asked him: 'Have you lost your mind?' Adrian replied: 'I haven't lost it, but found it!' Hearing this, Natalia rejoiced greatly, and, when Adrian sat chained with the others in prison, came and ministered to them all. When they flogged her husband and put him to various tortures, she encouraged him to endure to the end. After long torture and imprisonment, the Emperor ordered that they be taken to the prison anvil, for their arms and legs to be broken by hammers. This was done and Adrian, along with the twenty-three others, breathed his last under the vicious tortures. Natalia took their relics to Constantinople and there buried them. After several days, Adrian appeared to her, bathed in light and beauty and calling her to come to God, and she peacefully gave her soul into her Lord's hands.

Prayer to the Holy Martyrs of Christ - Adrian and Natalia: O sacred couple, holy martyrs of Christ Adrian and Natalia, blessed spouses and valiant athletes! Harken unto us who beseech you with tears, and send down upon us all that is profitable for our souls and bodies; and entreat Christ God, that He have mercy upon us and deal with us according to His mercy, that we not perish in our sins. Yea, O holy martyrs, accept ye our cry of supplication, and by your intercessions deliver us from famine, pestilence, earthquake, flood, fire, hail, the sword, invasion of aliens and civil strife, from sudden death and from all misfortune, grief and pain, that ever strengthened by your supplication and mediation, we may glorify the Lord Jesus Christ, to Whom is due all glory, honour and worship, with his unoriginate Father and His all-holy Spirit, unto the ages of ages. Amen. Our Holy Father Tithoes: St Zer-Jacob; The Miracle of the Most Holy Mother of God in

The miraculous renewals of icons was first witnessed in the Convent in Harbin on the first Tuesday of Great Lent in 1925. A dark Icon of the Mother of God "of the Akathist" suddenly became light. A priest was asked to serve a Moleben before the renewed Icon, but when he expressed doubts as to whether the Icon had in fact been dark, it quickly became dark again. Abbess Moscow in 1395 Rufina commented that the Icon darkened again due to the "soot of unbelief," but she prophesied that before the renewal of Russia the Icon would once again be renewed. Another miracle of God's Mercy was manifested in the Convent on August 26, 1925 (o.s.), the Feast of the Icon of the Vladimir Mother of God. An Icon of the Vladimir Mother of God was miraculously renewed in Abbess Rufina's hands. In 1924 a pious and elderly lady gave the old and damaged Icon to the Convent, remarking to the novice who accepted it that she couldn't throw it away in spite of its condition. Abbess Rufina accepted the Icon and placed it in a prominent place in the Church, which at that time had few icons. Because of its condition many people complained, and so the Icon was moved to a corner of the Altar. Even there, however, the presence of the Icon was criticized by the clergy. On the Feast day of the Icon, when several people were to be released from prison, Abbess Rufina decided to bless them with the Icon. She requested that the Icon be brought from the Altar and when Mother Ariadna handed it to her, it quickly began to lighten, the way that fog scatters in the sunlight, and became cleaned of the dust and dirt that time had settled upon it. Holding the Holy Icon in her hands, Abbess Rufina exclaimed, "Look, look, a miracle is taking place. The Icon is being restored!" After only a few minutes the Icon looked as though it had just been painted. The face of the Mother of God was lightened, the tin covering was brightened, and the halo above the face of the Virgin radiated a flowing light. This miracle occurred at 2 p.m. An hour later a Moleben was served by one of the hieromonks of the Convent, who only a few days

earlier, had recommended that the Icon be burned and the ashes thrown into the river. With tears he begged forgiveness from the Mother of God. This miracle strengthened the Sisters in their faith that the Mother of God was Herself directing their lives invisibly, and was watching over their spiritual progress. Seeing in this miracle an indication from the Mother of God as to what the Convent should be called, Metropolitan Meletius blessed the changing of the name of the Convent to the Vladimir Icon of the Mother of God. On April 26, 1926 there was a fire at the Convent and one Icon, that of God the Sabaoth, was miraculously preserved and renewed. A flow of miraculous healings began to occur from that Icon as well as from the Icon of the Vladimir Mother of God. The apparition of these obvious signs of God's Mercy, began to be widely known, not only among the Russian population, but among the Chinese as well, not only in the city of Harbin, but along the whole territory of the Chinese Eastern Railroad.

27 August / 9 September – Fast Day - Our Holy Father Pimen the Great - an Egyptian by birth and a great Egyptian ascetic. As a boy, he visited various spiritual teachers and gathered proven experience as a bee gathers honey from flowers. Pimen once begged the elder Paul to take him to St Paisius. Seeing him, Paisius said: 'This child will save many; the hand of God is on him.' In time, Pimen became a monk and drew two of his brothers to monasticism. Their mother once came to see her sons, but Pimen would not allow her in, asking through the door: 'Which do you want more: to see us here and now, or in the other world in eternity?' Their mother went away joyfully, saying: 'If I will see you for certain there, I don't need to see you here.' In the monastery of these three brothers, governed by the eldest, Abba Anoub, the rule was as follows: at night, four hours were passed in manual work, four hours in sleep and four in reading the Psalter. The day was passed, from morning to noon, in alternate work and prayer, from mid-day to Vespers in reading and after Vespers they prepared their meal, the only one in the twenty-four hours, and this usually of some sort of cabbage. Pimen himself said about their life: 'We ate what was to hand. No-one ever said: "Give me something else", or "I won't eat that". In that way, we spent our whole life in silence and peace.' He lived in the fifth century, and entered peacefully into rest in great old age. The Holy Martyr Phanurius - who he was and when he lived is not known, but he is much venerated in Rhodes and Crete. In 1500, he appeared to some people on the island of Rhodes, where he also showed wonders of healing. There is found there an old icon of him, in which he is depicted as a young soldier holding a cross in his right hand and a burning candle in his left. St Phanurius is also much venerated in Egypt. There is a tradition that his mother was a great sinner, whom not even he could convert. But his filial love for his mother was great beyond measure, and he prayed more for his mother's salvation than his own. When the pagans stoned him to death for Christ, St Phanurius prayed to God: 'For the sake of these my sufferings, Lord, help all those who will pray to Thee for the salvation of Phanurius's sinful mother.' In Egypt, many Christians pray thus: 'O Lord, save Phanurius's mother and help me, a sinner' —and many receive help through this prayer. Our Holy Father Pimen of Palestine: St Hosius of Cordova: The Hieromartyr Kuksha, and Pimen the Faster; St. Caesarius, bishop of Arles (543).

28 August / 10 September - Our Holy Father Moses the Negro - An Ethiopian, he was at first a robber and the leader of a robber band, but he then became a penitent and a great ascetic. As a slave, Moses escaped from his owner and became a robber. Because of his great physical strength and recklessness, the robbers chose him as their leader. Suddenly his conscience was filled with remorse and repentance for the crimes he had committed. He left the band, went to a monastery and gave himself entirely to obedience to his spiritual father and to the rule of the monastery. He made great use of the teaching of Saints Macarius, Arsenius and Isidore. Later, he withdrew to solitude in a cell, where he gave himself utterly to physical labour, prayer, vigils and pondering on God. Tormented by the demon of lust, he confessed to his spiritual father, Isidore, and received from him the advice to fast as much as possible, and never to eat his fill. When this proved to be of no help, he, at the elder's advice, began to keep night-vigils and to pray standing; he then got into the way of carrying water from a distant well for the older monks. After six years of terrible striving, St Isidore finally healed him miraculously of the lustful thoughts, imaginings and dreams visited on him by the demon. He was ordained priest in old age. He founded a monastery of his own, and had seventy-five disciples, himself living to the age of seventy-five. He foresaw his own death, and one day told his disciples to flee, as barbarians were coming to attack the monastery. When his disciples urged him to flee as well, he told them that he must perish in the attack, for he had himself at one time done violence, according to the words: 'all they that take the sword shall perish with the sword' (Matt. 26:52). So he stayed, with six of his brethren. The barbarians came and ran them through. One of the brethren, hiding nearby, saw seven shining wreaths descend upon the seven martyrs. Abba Moses used to say, "Secret withdrawal (from work) maketh dark the mind, but or a man to endure and to persevere in his works maketh light the mind in our Lord, and it strengtheneth and fortifieth the soul." and " These four things lead to fornication: eating and drinking, oversleeping, negligence and decoration of clothes." "If you want to repent to God, beware of living in luxury, for this stimulates all passions and dispels the fear of God from the heart." The uncovering of the relics of St. Job of Pochaev; Our Holy Father Sava of Pskov and Krypetsk; The Assembly of all the Men of God of the Kiev Caves.