



## 8<sup>th</sup> Sunday After Pentecost

### Dormition of Righteous Anna, mother of the Most Holy Theotokos

25 July / 7 August

**Resurrection Tropar, Tone 7:** By Thy Cross, Thou didst destroy death / to the Thief, Thou didst open Paradise / for the myrrh-bearers, Thou didst change weeping into joy! / and Thou didst command Thy disciples, O Christ God / to proclaim that Thou art risen / granting the world great mercy.

**Troparion of St Anna tone 4:** O godly, ever-blessed Anna, / thou didst bear the pure Mother of God who conceived Him Who is our Life. / Thou hast now passed to heaven / and art rejoicing in glory, / asking forgiveness for those who faithfully honour thee.

**Resurrection Kondak, Tone 7:** The dominion of death can no longer hold men captive, / for Christ descended, shattering and destroying its powers. / Hell is bound, while the prophets rejoice and cry: / The Saviour has come to those in faith, / enter, you faithful to the Resurrection.

**Kontakion of St Anna tone 2:** We celebrate the memory of the ancestors of Christ / and faithfully ask their help; / that all may be delivered from every affliction who cry: / Be with us, O God, for it pleased Thee to glorify them.

#### Matins Gospel VIII

**Epistle: 1 Corinthians 1: 10-18**

10 Now I plead with you, brethren, by the name of our Lord Jesus Christ, that you all speak the same thing, and that there be no divisions among you, but that you be perfectly joined together in the same mind and in the same judgment. 11 For it has been declared to me concerning you, my brethren, by those of Chloe's household, that there are contentions among you. 12 Now I say this, that each of you says, "I am of Paul," or "I am of Apollos," or "I am of Cephas," or "I am of Christ." 13 Is Christ divided? Was Paul crucified for you? Or were you baptised in the name of Paul? 14 I thank God that I baptised none of you except Crispus and Gaius, 15 lest anyone should say that I had baptised in my own name. 16 Yes, I also baptised the household of Stephanas. Besides, I do not know whether I baptised any other. 17 For Christ did not send me to baptise, but to preach the gospel, not with wisdom of words, lest the cross of Christ should be made of no effect. 18 For the message of the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God.

#### IS CHRIST DIVIDED?

The emphatic force of the word 'schism,' I mean the name itself, was a sufficient accusation. For it was not that they had become many parts, each entire within itself, but rather the One Body ...had perished ...'That each one of you says,' for the corruption did not pervade a part, but the whole of the Church ...By a kind of divine art he does away with their swelling pride on this point, not with the efficacy of baptism, but with the folly of those who were puffed up at having been baptisers: first, by showing that the Gift is not theirs, and secondly by thanking God for it. For Baptism truly is a great thing, but its greatness is not the work of the person baptising, but of Him who is invoked in the Baptism ...Great indeed is Baptism, and without baptism it is impossible to obtain the kingdom...But prove to me that Peter and Paul were eloquent. You cannot: for they were 'unlearned and ignorant men!'

*St. John Chrysostom. Homily III on 1 Corinthians I, 1, 3, 6, 8. B#56, pp. 10-14*  
for St Anna: Gal 4:22 - 31

#### The Gospel According To St. Matthew 14: 14-22

And when Jesus went out He saw a great multitude; and He was moved with compassion for them, and healed their sick. When it was evening, His disciples came to Him, saying, "This is a deserted place, and the hour is already late. Send the multitudes away, that they may go into the villages and buy themselves food." But Jesus said to them, "They do not need to go away. You give them something to eat." And they said to Him, "We have here only five loaves and two fish." He said, "Bring them here to Me." Then He commanded the multitudes to sit down on the grass. And He took the five loaves and the two fish, and looking up to heaven, He blessed and broke and gave the loaves to the disciples; and the disciples gave to the multitudes. So they all ate and were filled, and they took up twelve baskets full of the fragments that remained. Now those who had eaten were about five thousand men, besides women and children. Immediately Jesus made His disciples get into the boat and go before Him to the other side, while He sent the multitudes away.

## FEEDING THE FIVE THOUSAND

“Give ye them to eat!” said Christ to His disciples. And He said this to them as if answering their advice: “This is a desert place, and the time is now past; send the multitude away, that they may go into the villages, and buy themselves victuals.” But Christ insisted, “Give ye them to eat!” Then the disciples said to Him, “[Teacher], we have here but five loaves, and two fishes” (Mt. 14:15-17).

Let us put ourselves in their position: a tremendous crowd—the men alone were about five thousand, not counting women and children. With the approach of darkness, the places where bread was sold would be closed. So this crowd of many thousands faced a hungry night in the wilderness. With them were little children. While Christ spoke, all physical needs were silent; but now He fell silent and the people were already beginning to feel hungry. What would happen next? People would become weak, children would cry from hunger, and no one would be able to fall asleep. The result would be despondency, disillusionment, and maybe even murmuring. We believed Thee; we came in search of the Kingdom of God and its Truth. That’s why we came to Thee here. Thou didst promise that everything else would be added to us. But here Thy promise has not been fulfilled. We don’t even have the food necessary for our children; and night is approaching, a dark southern night.

Yes, it’s possible to understand the attitude of the disciples. Even their love for their Teacher may have prompted them to warn Him. And He, when they mentioned the inadequacy of their food supply—five loaves of bread and two fish—He commanded the people to sit down on the grass in groups, and taking the five loaves and the two fish, looked upon heaven, blessed and broke the loaves, gave them to His disciples, and His disciples to the people. And they all ate and were filled and gathered the remaining pieces into twelve full baskets (Mt. 14:18-20). A great, unprecedented miracle. And this miracle is historic!

But the power hidden in these five words of Christ, “Give ye them to eat!” many times exceeds both the physical filling of the crowd of many thousands and the two thousand years which separate us from that time.

“Give ye them to eat!” Did this mean physical food only? No. It meant everything that the God-Man has brought to earth: salvation of the human race, spiritual food, all the sacraments which were established by the Lord, the entire Church of Christ, Catholic and Apostolic. But the Apostles were mortal and the Church is eternal. The Apostles would need successors: deacons, priests, bishops. In such a way the Church will exist eternally and feed believers. She will give them that which no one and nothing on earth can give. With the words: “Give ye them to eat!” Christ makes His Church Apostolic. And at that moment, when Christ commanded the people to sit down on the grass in groups—this is the great moment of the organisation of the Church. Remember Holy Russia. It consisted of separate groups—parishes—and they all merged into one great whole—the Holy Catholic and Apostolic Church.

In this way the Church of Christ now exists and will exist until the end of the ages. Let us always strive for Her. And if for some reason we cannot always abide in Her physically, then let us always live psychologically within the Church cycle. And we will find food which leads us into Eternal Life. Only in the Church do we find the greatest Sacrament of Christ, the Sacrament of His Body and Blood which contains Life Eternal.

*One Thing Needful - Archbishop Andrei*

for St Anna: Luke 8: 16-21

### Saints of the Week

**25 July / 7 August - The Dormition of the Righteous Anna, the Mother of the Most Holy Mother of God;**

**St Olympias the Deaconess** - Olympias was born in Constantinople of very distinguished parents. Her father, Anysius Secundus, was a senator and her mother was the daughter of the famous nobleman Eulavius who is mentioned in the hagiography of St. Nicholas the Wonder-worker. When Olympias reached maturity, she was betrothed to a nobleman who died before the marriage took place. The emperor and the other relatives pressured Olympias to marry another, but in vain. However, she refused them this and devoted herself to a god-pleasing life, giving from her inherited estate great offerings to the churches and alms to the needy. She served as a deaconess in the Church, at first during the time of Patriarch Nectarius and, after his death, during the time of St. John Chrysostom. When Chrysostom was exiled, he counselled Olympias to remain in the church and to serve as before regardless who the patriarch after him would be. Immediately after the banishment of this great saint, someone started a fire in the Great Church [The Church of the Divine Wisdom Hagia Sophia] and the fire consumed many prominent buildings in the capital. The enemies of Chrysostom accused this holy woman of initiating this malicious fire. Olympias was banished from Constantinople to Nicomedia where she died in the year 410 A.D., requesting in her testament that her body be placed in a box and cast into the sea and wherever the water tosses it up, there she is to be buried. The coffin was cast ashore in the city of Vrochthoi, where there existed a church dedicated to the Apostle Thomas. From her relics, great healing miracles appeared throughout the centuries. The exiled Chrysostom wrote beautiful letters to the exiled Olympias which, even today, serve as a great comfort to all those who suffer for the sake of God's justice. Among other things, Chrysostom writes to Olympias: "Now I am very elated not only because you were relieved from infirmity, but more so, that you are nobly enduring all difficulties referring to them as trivialities which is characteristic of a soul full of power and abounding in the rich fruits of courage. For you not only courageously are enduring misfortune rather you do not

even notice it when it comes and without exertion, without labour and disturbance not even talking about it to others but rejoicing and triumphing over it. That serves as the greatest wisdom" (Letter VI). ;

**Our Holy Mother Eupraxia the Virgin** - Eupraxia was the daughter of Antigonus, a nobleman of Constantinople and a relative of Emperor Theodosius the Great. Her mother, a young widow, with Eupraxia settled in Egypt and visited the monasteries there distributing alms and praying to God. By her fervent desire, the seven-year-old Eupraxia was tonsured a nun. The older she got the more she imposed upon herself the heavy burden of mortification. At one time, she fasted for forty days. She reposed in 413 A.D. in her thirtieth year. She possessed the great grace of God and healed the most difficult illnesses.

**Commemoration of the Fifth Ecumenical Council** - This Council was convened in Constantinople during the reign of Emperor Justinian the Great in the year 553 A.D. All the heresies of the Monophysites were condemned at this Council as well as the heretical writings of Theodore of Mopsuestia, Theodoret of Cyrus and Origen (his teaching against the resurrection of the dead).

Tropar of St. Nessian Tone 2: O thou who didst converse with St. Patrick/ and follow him in the monastic way:/ as thou didst guide monks to Christ our God,/ pray that our souls may be saved.

**26 July / 8 August - The Hieromartyr Hermolaus** - he was a priest in Nicomedia in the time of the Emperor Maximian, and was with the twenty thousand martyrs condemned by the Emperor to be burned in their church (see December 28th). Hermolaus somehow escaped death on that occasion, together with two other priests, Hermippus and Hermocrates. Hermolaus baptised St Panteleimon, with whom he was brought to trial, tortured and finally beheaded. Hermippus and Hermocrates suffered with them, and they were all crowned with wreaths of victory and glory in the Kingdom of Christ. They suffered with honour in about 304; Our Holy Mother, the Martyr Paraskeva - Paraskeva was born in Rome of Christian parents and from her youth was instructed in the Faith of Christ. With great fervence, St. Paraskeva endeavoured to fulfill all the commandments of God in her life. Believing strongly and living according to her faith, Paraskeva directed others on the path [of salvation] with the help of the True Faith and pious living. When her parents died Paraskeva distributed all of her property to the poor and was tonsured a nun. As a nun she preached the Faith of Christ with an even greater zeal, not hiding from anyone, even though at that time the Roman authorities bloodily persecuted the Faith of Christ. First the pernicious Jews accused St. Paraskeva of preaching the prohibited Faith. She was brought to trial before Emperor Antoninus. All the flatteries of the emperor did not help in the least to cause her to waver in the Faith. They then subjected her to fiery torments and placed a red-hot helmet on her head. The Lord miraculously saved her and Paraskeva was delivered and left Rome. She again traveled from city to city to convert the pagan people there to the True Faith. In two more cities she was brought before princes and judges and was tortured for her Lord, at the same time working great miracles and by the power of God quickly recuperated from her pains and wounds. The pagans, as always, ascribed her miracles to magic and her power of recovery to the mercy of their gods. St. Paraskeva once said to the prince who tortured her: "It is not your gods, O prince, who healed me but my Christ the True God." Finally Prince Tarasius beheaded her. Thus this saint gloriously ended her fruitful life. Her relics were later translated to Constantinople. She suffered honourably for Christ in the second century;

**Our Holy Father Moses the Ugrian** - He was at the court of the young Russian Prince Boris. When the godless Svyatopolk murdered Boris, Moses escaped and fled to Kiev. A little later he was taken to Poland as a slave by the Polish King Boleslav and there was sold for a thousand gold coins to a young and depraved widow, the wife of one of Boleslav's commanders who was slain. This wicked woman tempted Moses to commit adultery but Moses would not be tempted for he vowed to live chastely before the Lord. She then suggested marriage to him but he rejected that also. Moses secretly received the monastic tonsure from an Athonite monk and he appeared before the lady in the monastic habit. She bound him, ordered that he be flogged and to have his private organ severed. This unsuccessful seduction by this shameful woman lasted for five years - five years of pain and torture! However, King Boleslav was slain unexpectedly in an uprising during which this woman was also killed. Then Moses was free to go to Kiev where, at the monastery of St. Anthony, he devoted his life to prayer and silence. Completely conquering the shameful vice in himself, Moses assisted many to also be saved from it. His holy relics helped many (St. John, the much suffering July 8). After ten years of silence in the Monastery of the Caves, St. Moses found rest on July 26, 1043 A.D. and took up habitation in the eternal virginal Kingdom of Christ.

**27 July / 9 August - The Holy and Great Martyr Panteleimon** - born in Nicomedia of a Christian mother, Eubula, and a pagan father, Eustorgius, he studied medicine as a young man. The priest Hermolaus befriended him, instructed him in the Christian faith and baptised him. Panteleimon miraculously healed a blind man whom other doctors had treated in vain: he healed him by the name of Christ and baptised him. From jealousy, the doctors denounced Panteleimon as a Christian, and he went before the Emperor Maximian for judgement. 'He stood before the earthly ruler in the body, but in his mind he stood before the heavenly King.' He freely declared himself to be a Christian before the Emperor, and, in front of his eyes, healed a paralytic of a long infirmity. This miracle brought many of the pagans to the Christian faith. The Emperor put him to torture, but the Lord appeared to him on several occasions and delivered him whole and uninjured. Then St Hermolaus suffered, along with Hermippus and Hermocrates. Condemned to death, St Panteleimon knelt in prayer. At that, the executioner gave him a blow on the neck with his sword, and the sword broke as if made of wax. The executioner could not kill him until he had finished his prayer and had himself given the word to behead him. Panteleimon was beheaded under an olive tree, which after that became laden with fruit. 'Panteleimon' means 'all-merciful'. God the all-merciful received his righteous soul, and glorified him among His greatest saints, his relics remaining incorrupt. This wonderful martyr suffered with honour as a youth for Christ on July 27th, 304. St Panteleimon is invoked in the prayers at the blessing of water and the blessing of oil, together with St Hermolaus and the other unmercenaries and wonderworkers. The loveliest church dedicated to him is to be found on the Holy Mountain; St Clement, Archbishop of Ochrid; Blessed Nicolas the Fool for Christ; Our Holy Mother Anthusa; The 153 Martyrs in Thrace; commemoration of the canonisation of St. Herman of Alaska (1970).

**July 28 / August 10 — Fast Day - The Holy Apostles of the Seventy and Deacons: Prochorus, Nicanor, Timon & Parmenas** — all four were of the number of the seven deacons and the seventy apostles. The other three deacons were Stephen, Philip and Nicolas. Stephen, the first martyr, is commemorated on December 27th, and Philip on October 11th. Nicolas was not included in the ranks of the saints because of heresy. These first four have no separate commemoration, and are commemorated together on this day. Prochorus was consecrated by the Apostle Peter as Bishop of Nicomedia. He served for a time with St John the Evangelist and, on the island of Patmos, wrote down the Revelation that he heard from St John's lips. After that, he returned to Nicomedia, where he made great efforts to bring the people to the Faith. He died a martyr in Antioch, where he was murdered by unbelievers. Holy Nicanor suffered in Jerusalem on the same day as St Stephen the Archdeacon, quickly followed by two hundred others, killed by the wicked Jews. Timon was bishop in Arabia, and was crucified for Christ. Parmenas died before the eyes of the apostles, and was mourned and buried by them; The Holy Martyr Julian; Our Holy Father Paul of Xeropotamou; The Holy Martyr Eustathius (Eustace);

**St. Samson, bishop of Dol in Brittany (c.565)** - Bishop and confessor, born in South Wales; died 28 July, 565 (?). The date of his birth is unknown. His parents whose names are given as Amon of Dyfed and Anna of Gwynedd, were of noble, but not royal, birth. While still an infant he was dedicated to God and entrusted to the care of St. Illtyd, by whom he was brought up in the monastery of Llantwit Major. He showed exceptional talents in his studies, and was eventually ordained deacon and priest by St. Dubric. After this he retired to another monastery, possibly after that on Caldy Island, to practise greater austerities, and some years later became its abbot. About this time some Irish monks who were returning from Rome happened to visit Samson's monastery. So struck was the abbot by their learning and sanctity that he accompanied them to Ireland, and there remained some time. During his visit he received the submission of an Irish monastery, and, on his return to Wales, sent one of his uncles to act as its superior. His fame as a worker of miracles now attracted so much attention that he resolved to found a new monastery or cell "far from the haunts of men", and accordingly retired with a few companions to a lonely spot on the banks of the Severn. He was soon discovered, however, and forced by his fellow-countrymen to become abbot of the monastery formerly ruled by St. Germanus; here St. Dubric consecrated him bishop but without appointment to any particular see. Now, being warned by an angel, he determined to leave England and, after some delay, set sail for Brittany. He landed near Dol, and there built a monastery which became the centre of his episcopal work in the district. Business taking him to Paris, he visited King Childebert there, and was nominated by him as Bishop of Dol; Dol, however, did not become a regular episcopal see till about the middle of the ninth century. Samson attained the age of 85 years, and was buried at Dol.

**July 29 / August 11 —The Holy Martyr Callinicus** - born in Cilicia and brought up in Christian piety, he left all and began to preach the Gospel. He was arrested in Ancyra by the pagan governor, Sacerdos. When the governor, in fury, threatened him with torture if he would not worship idols, St Callinicus replied: 'Every torture for my God is as welcome to me as bread is to a hungry man.' After harsh torture and beating, the governor shod him with iron shoes, with the nails sticking inwards, and ordered that he be driven out to the town of Gangra, for he did not dare to have him further tortured or killed in Ancyra, as many men, beholding the heroic endurance of the man of God, were turning to the Christian faith. On the way, the soldiers became thirsty and there was no water. St Callinicus prayed to God and brought forth water from a rock. When they arrived in Gangra, the torturers threw Callinicus into a fiery furnace. The saint prayed to God, saying: 'I thank Thee, O heavenly Father, that Thou makest me worthy in this hour to die for Thy holy Name !' He then went into the fire. When the fire was extinguished, his dead body was found whole and untouched by the flames. He suffered with honour, and was crowned with a wreath of eternal glory, in about 250. The Holy Martyr Seraphima; The Holy Martyr Theodotia; The Holy Martyr Eustathius of Mtskhet; St. Olaf, king of Norway (1030).

**July 30 / August 12 — Fast Day - The Holy Apostles Silas, Silvanus, Crescens, Epaenetus and Andronicus** - these are all among the Seventy. St Silas was sent from Jerusalem to Antioch with Paul and Barnabas, to settle a quarrel among the faithful concerning circumcision: namely, whether or not it was necessary to circumcise pagans who had embraced Christianity (Acts 15:22). After that, Silas travelled with Paul around Asia and Macedonia, and was installed as Bishop of Corinth, where he died peacefully. Silvanus helped the two greatest apostles (I Pet. 5:12; II Cor. 1:19) . As bishop in Salonica, he laboured much and suffered much, until he exchanged the earthly life for the heavenly. Crescens was a fellow-worker with the Apostle Paul (II Tim. 4:10), and then bishop in Galatia and a missionary in Gaul, where he died a martyr for Christ under Trajan. St Epaenetus is mentioned by the Apostle Paul (Rom. 16:5), and became Bishop of Carthage. Andronicus (Rom. 16:7), Bishop of Pannonia, is also commemorated separately on May 17th; The Hieromartyr Valentine; The Hieromartyr Polychronius, Bishop of Babylon; St John the Soldier; Our Holy Mother Angelina; Birthday of the New Martyr Crown Prince Alexis.

**July 31 / August 13 — Forefeast of the Procession of the Precious and Life-giving Cross of the Lord — Righteous Eudocimus** - born in Cappadocia of devout parents, Basil and Eudocia. In the time of the Emperor Theophilus (829-842), Eudocimus was a young army officer. Even as a soldier, he endeavoured with his whole heart to live according to the precepts of the Gospel. He kept his purity unstained and avoided converse with any woman except his mother. He was liberal to the poor, assiduous in the reading of holy books and yet more assiduous in prayer to God. He fled vain chatter and idle talk. 'Among all the chaos and vanity of the world, he was like a lily among thistles, and like gold in the furnace.' For his rare virtues, the Emperor made him military governor of Cappadocia. In this high state, Eudocimus strove to be righteous before God and man . By God's providence, he died early, at the age of thirty-three, and his relics were found to have healing power. An insane man touched his tomb and was healed, and a paralytic child stood upright and was made whole. After eighteen months, his mother opened his coffin, and found his body as though still alive, with no mark of corruption—and a wonderful fragrance arose from the saint's body. His relics were later translated to Constantinople and buried in the new church of the Holy Mother of God, built by Eudocimus's parents.

**Righteous Joseph of Arimathea** - a rich man, a member of the Jewish Sanhedrin and a secret follower of Christ (Matt. 27:57; Jn 19:38), took Christ's body down from the Cross together with Nicodemus, and laid it in his own new tomb. For this, he was fettered by the Jews and cast into prison. The risen Lord appeared to him and brought him to belief in His Resurrection. The Jews then released him from prison and drove him from his fatherland. He travelled around the world, preaching the Gospel of Christ, and took this Good News to England, where he entered into rest in the Lord. The Holy Martyr Julitta; St John the Exarch; St. Germanus, bishop of Auxerre (448).

**St. Neot, hermit in Cornwall (c.877)** - the son of King Ethelwulf of Kent and Wessex. Like Zaccheus, who had to climb up in a tree in order to see our Saviour, St Neot was very short. When he was old enough to become a soldier, he was not allowed to join the army because he was too short, so he decided to become a soldier for Christ instead, and he became a monk. At first, Saint Neot lived in the Glastonbury monastery. Here, he was made a presbyter, but because he was so short, he had to stand on a little stool when he served the Divine Liturgy. The saint was a great struggler, fasting, praying and reading the Scripture all the time. Because of his great struggles and faith, God gave him many gifts of Grace. He healed people of both bodily and spiritual illnesses, and he had great wisdom. Soon, he became famous, and people from all over Britain came to see him. St Neot did not like for all these crowds of people to come to him. He no longer had time for his prayers, and besides, he was afraid that he might fall into pride. With the blessing of his elder, the saint took one other monk, Father Barrey, and went to a wild valley in the deep forests of Cornwall. Even here, however, the saint became famous, and people walked through the dense forests to see the saint, ask for his prayers and his help. Even the great King Alfred came to the saint and asked for a blessing. The saint did not bless the king, but began to chastise him for his proud harshness and sinful way of life. Then the saint prophesied that King Alfred would be beaten in war, "but if you repent of your sins and help the poor, God will help you and you will finally have victory over your enemies." This happened just as the saint foretold. King Alfred had to flee from his enemies, the Danes, but the saint (who had reposed the year before) appeared to him one night and comforted him. "Because you have wept for your sins, God will help you. You will be given victory on the Seventh Week after Pascha." Not only did King Alfred receive his victory, but his enemy, King Guthrum of Denmark was later baptised at Cirncester, as were many of his soldiers. The rest of King Alfred's reign passed in peace, justice and mercy. When the saint reposed in Christ, a wonderful fragrance came from his body.

## REFLECTION

"As virginity is better than marriage, so the first marriage is better than the second." Thus, St. John Chrysostom wrote to the young widow of Tarasius, a deceased nobleman of Constantinople, counseling her not to enter into marriage for the second time. The Church blesses first marriages with joy but the second marriage with sorrow. Eupraxia the elder, the mother of St. Eupraxia and relative of Emperor Theodosius the Great, remained a young widow following the death of her husband Antigonus, with whom she lived in physical contact for only two years and three months, and further lived one more year as brother and sister by mutual pledge. The emperor and empress counseled her to enter into marriage with another nobleman. She would not hear of it, but took her child Eupraxia and together they fled to Egypt. What can we say about St. Olympias and St. Eupraxia the younger? As with St. Macrina, not only was she also betrothed as a virgin but when her betrothed died, she considered herself a widow and would not even in her thoughts consider entering into marriage. What purity of heart! What fidelity to one's betrothed! What fear of God! What obvious faith in the future life in which the betrothed maiden hopes to see her betrothed.