

The Triumph of Orthodoxy / The First Sunday of Great Lent 20 February / 5 March



Resurrection Tropar, Tone 5: Let us, the faithful; praise and worship the Word, / Co-eternal with the Father and the Spirit, / born for our salvation from the Virgin; / for He willed to be lifted up on the cross in the flesh, / to endure death, / and to raise the dead / by His glorious Resurrection!

The First Sunday of Great Lent, Troparion, Tone II : We worship Thy immaculate Image, O Good One, and ask forgiveness of our sins, O Christ God; for of Thy own will Thou wast pleased to ascend the Cross in the flesh, to deliver from slavery to the enemy those whom Thou hadst created. Therefore we thankfully cry to Thee: Thou hast filled all things with joy, O our Saviour, by coming to save the world.

Resurrection Kondak, Tone 5: Thou didst descend into hell, O my Saviour, / shattering its gates as Almighty, / resurrecting the dead as Creator, / and destroying the sting of death. / Thou hadst delivered Adam from the curse, O Lover of Man, / and we cry to Thee, O Lord, save us.

Kondak First Sunday of Great Lent, Tone 8: The Uncircumscribable Word of the Father was circumscribed when he took flesh of thee, O Theotokos; and when He had restored the defiled image to its ancient state, He suffused it with divine beauty. As for us, confessing our salvation, we record it in deed and word.

Matins Gospel V

Epistle: St. Paul's Epistle to the Hebrews 11: 24-26, 32 - 12:2

24 By faith Moses, when he became of age, refused to be called the son of Pharaoh's daughter, 25 choosing rather to suffer affliction with the people of God than to enjoy the passing pleasures of sin, 26 esteeming the reproach of Christ greater riches than the treasures in Egypt; for he looked to the reward. ... 32 And what more shall I say? For the time would fail me to tell of Gideon and Barak and Samson and Jephthah, also of David and Samuel and the prophets: 33 who through faith subdued kingdoms, worked righteousness, obtained promises, stopped the mouths of lions, 34 quenched the violence of fire, escaped the edge of the sword, out of weakness were made strong, became valiant in battle, turned to flight the armies of the aliens. 35 Women received their dead raised to life again. And others were tortured, not accepting deliverance, that they might obtain a better resurrection. 36 Still others had trial of mockings and scourgings, yes, and of chains and imprisonment. 37 They were stoned, they were sawn in two, were tempted, were slain with the sword. They wandered about in sheepskins and goatskins, being destitute, afflicted, tormented, 38 of whom the world was not worthy. They wandered in deserts and mountains, in dens and caves of the earth. 39 And all these, having obtained a good testimony through faith, did not receive the promise, 40 God having provided something better for us, that they should not be made perfect apart from us.

Hebrews 12:1 Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, 2 looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

WE ARE SURROUNDED BY SO GREAT A CLOUD OF WITNESSES

At all times, indeed, but specially then, when I reflect upon the achievements of the saints, it comes over me to feel despondency concerning my own condition, because we have not even in dreams experienced the things among which those men spent their whole lives, not paying the penalty of sins, but always doing rightly and yet always afflicted .. And having spoken of what befell the apostles (Cf. I Cor. 4:11, II Cor. 11:23-28, 12:7, Phil. 1:12, II Tim. 3:11) ...Elijah suffered the same thing with them (II Kings 1:8) and the Son of Man (Matt. 8:20) ...For God 'has provided some better thing for us.' In order that they might not seem to have the advantage of us from being crowned before us, He appointed one time for crowning for all ...Do you see His tender carefulness?

St. John Chrysostom. Homily XXVIII on Hebrews XI, 1, 2. B#58, pp. 491, 492.

The Gospel According To St. John 1: 43-51

43 At that time, Jesus would go forth into Galilee, and findeth Philip, and saith unto him, Follow me. 44 Now Philip was from Bethsaida, the city of Andrew and Peter. 45 Philip findeth Nathanael, and saith unto him, We have found him, of whom Moses in the law, and the prophets did write, Jesus of Nazareth, the son of Joseph. 46 And Nathanael said unto him, Can there any good thing come out of Nazareth? Philip saith unto him, Come and see. 47 Jesus saw Nathanael coming to him, and saith of him, Behold, an Israelite indeed, in whom is no guile! 48 Nathanael saith unto him, Whence knowest thou me? Jesus answered and said unto him before that Philip called thee, when thou wast under the fig tree, I saw thee. 49 Nathanael answered and saith unto him, 'Rabbi, thou art the Son of God, thou art the King of Israel. 50 Jesus answered and said unto him, Because I said unto thee, I saw thee under the fig tree, believest thou? thou shalt see greater things than these. 51 And he saith unto him, Verily, verily, I say unto you, Hereafter ye shall see heaven open, and the angels of God ascending and descending upon the Son of man.

THE SUNDAY OF ORTHODOXY

“The day following, Jesus would go forth into Galilee, and findeth Philip, and saith unto him, Follow Me” (Jn. 1:43). So the Holy Gospel begins this Sunday, recounting the calling of the Holy Apostles. Centuries have passed, and the same call is audible today, but now refers directly to us, “Follow Me.” And we ask the Lord, “Where?” And the Church answers us by the very name of this Sunday, “into Orthodoxy!”

Just be attentive. Tonight, when this week comes to a close and a new week of Great Lent begins, the Holy Church will say for our edification: “Lord, Thou hast given abundant gifts to those who fear Thee!” And we cannot say that we did not receive these gifts. We received the Sacrament of Confession, the Sacrament of the Eucharist—the Body and Blood of Christ, the Tree of Life. Yes, we undoubtedly received them. But do we have the state of mind which is expressed in the second part of the prayer: “Lord, Thou hast given abundant gifts to those who fear Thee.” The gifts have been given, but are we those who fear God? Yet the fear of God is not an ordinary fear as before someone or something. No. This is the fear of losing what the Lord has given to our heart.

And at the same time, the Holy Church, while telling us that we have received the Grace and Gifts of God, reveals to us through the Apostle reading the states of mind we should possess. These are the states which should be possessed by those who have achieved everything which Christ gives. We know what these achievers have gone through: sufferings, beatings, bonds, prison; they were stoned, sawn asunder, exiled, died by the sword, wandered in the mountains. Those of whom the whole world was not worthy hid in ravines, in caves—they all bore witness to their faith, but they did not receive what had been promised. And this is because God provided for them something better, something worthy of them (Heb. 11:37-40).

Yes, as we see, God calls: “Follow Me! I will give you everything.” But at the same time, such sufferings, such experiences, such horrible things! Look around you, at our walls which are painted with the pictures of saints. All of them are now in the heavenly dwellings, and yet all of them experienced, as every one of us experiences, the way of our earthly existence. Look, among them were archbishops, bishops, priests, monks; there were farmers, nobles and princes, workers of all kinds; there were labourers, people of simple background; there were great scholars, there were illiterate people. And all of them experienced on earth every kind of suffering, grief, and horror. But they kept that which the Church requires. When the Church says through the words of Christ, “Follow Me,” she is showing us where to go: into Orthodoxy. In the Russian language, Orthodoxy means the Right Word, that word which is true, which we should not betray; the word which we too have given and are again giving every year.

After the Nativity of Christ (on the day of Circumcision), when the circumcision of our heart is accomplished, then we say, “We belong to Christ, we are Christian. Our will is His Will. Christ is our Life; Christ is our Goal; Christ is our Way.” And this way leads us into the Church. Bishop Theophan the Recluse shows us what to do in order to go the way of the Church. He addressed his flock (this was in the 1870's) with the following words: “We know what technology teaches us, what mechanics teaches us, law, economics. But the Church teaches us about the movement of our heart. Learn and keep in your heart everything the Holy Church teaches, and receiving Godly forces through the sacraments, and quickening them through the holy services and prayers of the Church, go unswervingly the Way of Christ's commandments under the guidance of lawful shepherds, and you will undoubtedly reach the Kingdom of Heaven and will be saved.”

And so, being zealous for salvation, all our attention should be directed to our heart, to inscribe on it Christian feelings and dispositions. Bishop Theophan reveals to us that the most important thing is in our heart, dispositions, those feelings which appear in the heart. External things are needed, but only in so far as they bear the spirit which spiritualises them. And social life will become true life only if into social relationships you bring spirit, which means heart, the heart of a true Christian. And family life will be true family life only if into all traditions of the external temporal family life we bring those relationships of the heart which God gives us in His Beatitudes: poverty of spirit, mourning, meekness, peaceableness—out of this will come real family life. And this way, and only this way, into all phases of our life will come the Triumph of Orthodoxy.

The One Thing Needful - Archbishop Andrei

On this day the Church commemorates the final ending of the Iconoclast controversy and the definitive restoration of the holy icons to the churches by the Empress Theodora, acting as Regent for her young son Michael III. This took place on the first Sunday in Lent, 11 March 843. There is, however, not only an historical link between the first Sunday and the restoration of the icons but also a spiritual affinity. If Orthodoxy triumphed in the epoch of the Iconoclast controversy, this was because so many of the faithful were prepared to undergo exile, torture, and even death, for the sake of the truth. The Feast of Orthodoxy is above all a celebration in honour of the martyrs and confessors who struggled and suffered for the faith: hence its appropriateness for the season of Lent, when we are striving to imitate the martyrs by means of our ascetic self-denial. The fixing of the Triumph of Orthodoxy on the first Sunday is therefore much more than the result of some chance historical conjunction.

The Triodion gives the text of a special 'Office of the Triumph of Orthodoxy', which is held at the end of Matins or, more commonly, at the end of the Divine Liturgy on this Sunday. The Office celebrates not only the restoration of the holy icons but, more generally, the victory of the true faith over all heresies and errors. A procession is made with the holy icons, and after this extracts are read from the synodical decree of the Seventh Ecumenical Council (787). Then sixty anathemas are pronounced against various heretics dating from the third to the fourteenth century; 'Eternal Memory' is sung in honour of the emperors, patriarchs and fathers who defended the Orthodox faith; and 'Many Years' is proclaimed in honour of our present rulers and bishops. Unfortunately in many parts of the Orthodox Church today this impressive service has fallen into disuse; elsewhere it is performed in a greatly abbreviated form. Before the Triumph of Orthodoxy came to be celebrated on the first Sunday, there was on this day a commemoration of Moses, Aaron, Samuel, and the prophets. Traces of this more ancient observance can still be seen in the choice of Epistle reading at the Liturgy (Hebrews 11: 24-6, 32-40), and in the Alleluia verse appointed before the Gospel: 'Moses and Aaron among His priests, and Samuel among them that call upon His Name'.

Saints of the Week

20 February / 5 March — St Leo, Bishop of Catania - beneath Mount Etna the volcano, in the town of Catania, St Leo was a good shepherd and compassionate teacher of the people. He had great care for the sick and poor, and both his zeal for the Faith and his compassion for the needy were great. There appeared one day in that town a magician called Heliodorus, who deluded the people with many illusions and greatly seduced the young. He once entered a church during divine service and began his tricks. St Leo came up to him, bound him with one end of his pallium and led him out to the market place. There he ordered that a great fire be kindled. When it was burning fiercely he stood among the flames and pulled Heliodorus to him. Heliodorus was completely burned up, but Leo remained alive and unharmed. All who had been taken in by Heliodorus, and who had regarded him as in some way divine, were put to shame by this. The compassionate and zealous Leo became known throughout the whole kingdom as a wonder-worker, helping people by his miracles. When he had finished his course, some time in the 8th century, his soul went to the Lord and healing myrrh flowed from his relics.

The Hieromartyr Sadok, bishop Persia and the 128 martyrs with him - Sadok was a bishop in Persia, following St. Simeon. At one time, St. Simeon appeared to him in a dream and said: "Yesterday, I - today, you!" Sadok interpreted these words to his flock as meaning: Last year I [St. Simeon] suffered, this year you [Sadok] will suffer. Indeed that year the Emperor Sapor arrested him with many of the clergy and people and brought them to trial. Sapor first ordered them to worship fire and sun as divinity. Sadok replied: "We are eagerly prepared to die for our God, but we cannot worship the sun nor fire." After that, they were tortured and sentenced to death by beheading. Before being beheaded, Sadok uplifted a prayer to God: "Wash us, O Lord, from our sins in our blood!" Sadok, with his priests and faithful gloriously gave up their bodies to death and their souls to the immortal God. They suffered in the year 342 A.D. or 344 A.D. **21**

February 21 / 6 March — St Zacharias, Patriarch of Jerusalem - the Persian King Chozroes attacked Jerusalem, ransacking the city, in the time of the Greek Emperor Heraclius, in 614. He took the Precious Cross off to Persia and enslaved an enormous number of Christians, including Patriarch Zacharias. The Jews supported him in his wickedness towards the Christians. It is recorded, among further malice on the part of the Jews, that they bought 90,000 Christian slaves from Chozroes and killed them all. The aged Patriarch spent fourteen years in slavery. Many marvels were wrought in Persia by the Precious Cross, and the Persians exclaimed: 'The Christian God has come to Persia!' The Emperor Heraclius later compelled King Chozroes to return the Precious Cross to Jerusalem, together with the Patriarch and the remaining slaves. The Emperor himself carried the Cross into the Holy City on his back. St Zacharias spent his remaining days in peace, and went to the Lord in 632. Patriarch Modestus deputised for him on the patriarchal throne, and after him came St Sophronius.

Our Holy Father Timothy - Timothy was a recluse in a place called Symbola on the Asiatic side of Mount Olympus. In his youth, Timothy entered a monastery, was tonsured a monk and until old age spent his earthly time in fasting, prayer, vigils and ceaseless labour. He remained pure and chaste throughout his entire life. To the pure and chaste God gives authority over evil spirits and He gave this to Timothy. Though his labours for the salvation of his soul, St. Timothy succeeded to build in himself a beautiful home for the Holy Spirit. This holy man died in the year 795 A.D.;

St Eustathius (Eustace), Archbishop of Antioch - a great zealot and protector of Orthodoxy. As such, he was especially prominent at the First Ecumenical Council [Nicaea 325 A.D.], where he intellectually and systematically refuted the teaching of Arius. With the other Holy Fathers, Eustathius confessed correctly that Jesus Christ, as the Son of God, is equal to the Father and the Holy Spirit according to divine Hypostasis [natures]. Following the death of Emperor Constantine, the Arians somehow again gained prevalence and began to bitterly persecute Orthodoxy. St. Eustathius was ousted from his throne and exiled, at first to Thrace and after that to Macedonia. Eustathius suffered much and long until, in the end, he gave up his holy soul to God in the year 345 A.D.;

St John III Scholasticus, Patriarch of Constantinople - As an advocate, John was ordained a priest and after that became patriarch in the year 565 A.D. He compiled canons, which were included in the Nomo-Canon.

22 February / 7 March — Blessed Theoktista the Fool for Christ - when Archbishop Peter (Zverev) & Bishop Alexis (Bui) were in Voronezh, a remarkable holy woman lived there, a fool for Christ, the blessed Theoktista Michaelovna. Who she was or where she came from - no one knew. It was said that she had been the wife of a high-ranking naval officer who had died during the Russo-Japanese War (1904-05), and that after this tragedy, becoming disillusioned with the solidity of earthly life, she directed the gaze of her heart on high and took upon herself the exploit of foolishness for the sake of Christ. God rewarded her with a gift of clairvoyance with which she helped her suffering neighbours. She was small of stature, skinny, worn out, with noble features in her face. She lived in the Voronezh Monastery until it closed in 1931 and then took shelter with various people. She had literally "nowhere to lay her head". She did not sleep at nights, but would spend them in prayer and vigil. She had a remarkable mind and a refined way of expressing her thoughts and feelings. It was apparent that she was well bred. The righteous Theoktista saw the rapid liquidation of the Orthodox Churches and monuments of Voronezh in the 1930's, which was only a part of the satanic program that was conducted all over the much suffering Russian land, to the appalled outrage of almost the whole Russian people.. By the mid-1930's all the churches were closed, levelled by dynamite, or turned in to factory storehouses. The heart of the blessed one, which inspired so many good deeds for her neighbours, could not endure any longer. One day blood rushed to her throat, and on February 22, 1936 (OS), she died. It was said that before her death she dressed all in white to meet her bridegroom, Christ. She was buried in the cemetery outside the city and her memory was erased from Voronezh. But the Christian conscience bears her image in loving hearts throughout the world, wherever there is knowledge and understanding of Russia's Catacomb Saints.

The Holy Martyr Maurice and the Seventy Soldiers with him - During the reign of Emperor Maximian there was a great persecution of Christians. In the Syrian town of Apamsea, Maurice was superior of the local army. The pagans reported him to the emperor as being a Christian and a sower of the Christian Faith among the soldiers. The emperor himself came and conducted an investigation. Along with Maurice seventy Christian soldiers were also brought before the emperor among whom was Photinus, the son of Maurice. Neither the emperor's flattery nor threats could sway these heroes. To the threats of the emperor, they replied: "O Emperor, there is no fear in the sound and powerful souls of those who love the Lord!" When the emperor ordered and removed their military belts and garments, they said to him: "Our God will clothe us with incorruptible garments and belts and eternal glory!" When the emperor rebuked them because they despised the military honor given to them by him, they replied: "Your honor is without honor, for you have forgotten God Who gave you imperial authority!" Then the emperor commanded and the executioner beheaded Maurice's son Photinus before his eyes to instil fear in the father and in the others. But, Maurice said: "You have fulfilled our wish O torturer and have sent Photinus, the soldier of Christ before us." Then the emperor sentenced them to a most inhuman death: they were brought to a muddy place, stripped, bound to trees and rubbed them with honey, in order to be bitten by mosquitoes, wasps and hornets. After ten days under the most painful sufferings, they gave up their souls to God and departed to rejoice eternally with the holy angels in heaven. Christians secretly removed their bodies and honourably buried them. These courageous soldiers of Christ suffered about the year 305 A.D.;

The Many Martyrs of Eugenius - During the reign of Emperor Arcadius, the relics of many martyrs of Christ were unearthed, among whom was the Apostle Andronicus and his female assistant Junia. "Great Andronicus and Junia, my relatives and my fellow prisoners; they are prominent among the apostles and they were in Christ before me." (Romans 16:7). These relics were discovered according to a revelation from God to a cleric Nicholas Calligraphus. "Their names are known only to God Who has written their names in the Book of Life in the heavens." In the twelfth century, Emperor Andronicus II built a beautiful church over the relics of the Apostle Andronicus;

Our Holy Fathers Thalassius and Limnaeus - Both Thalassius and Limnaeus were Syrian ascetics. One of their unique forms of asceticism was "silence." Following the death of St. Thalassius in 440 A.D., Limnaeus joined St. Maron (February 14) and with him lived a life of mortification on top of a mountain under the open sky.;

St Papias of Hierapolis - a disciple of the holy apostles and a patristic author. From Papius we have testimony of the Gospels of St. Matthew, St. Mark, the four Marys and the brothers of our Lord as well as an incomplete but preserved manuscript: "An Interpretation of the Words of our Lord."

23 February / 8 March — The Hieromartyr Polycarp, Bishop of Smyrna - born a pagan. St John the Theologian brought him to the Christian faith and baptised him. Polycarp was left an orphan in early childhood and a noble widow, Callista, after a vision in a dream, took him in, rearing and educating him as her own son. Polycarp was God-fearing and compassionate from his early years. He made great efforts to emulate the life of St Bucolus, the then Bishop of Smyrna, and of the Holy Apostles John and Paul, whom he had met and heard. St Bucolus ordained him priest and, at the time of his death, proclaimed him his heir in Smyrna. The apostolic bishops, who had gathered for Bucolus's funeral, consecrated Polycarp bishop. From the very beginning he was endued with the power of wonder-working. He cast out the evil spirit from a servant of some prince and put out a great conflagration in Smyrna by his prayers. Seeing these things, many pagans regarded him as one of the gods. He brought rain in a drought, healed sickness, had the gifts of insight and prophecy, and so forth. He suffered in the time of the Emperor Marcus Aurelius. Three days before his death, he prophesied: 'In three days I shall be consumed by fire for the sake of the Lord Jesus Christ!' When, on the third day, the soldiers arrested him and took him for trial, he cried out: 'May this be the will of the Lord my God!' When the judge urged him to deny Christ and recognise the Roman gods, Polycarp said: 'I cannot exchange the better for the worse.' The Jews especially hated Polycarp and endeavoured to have him burned. When they placed him, bound, on the pyre, he prayed long to God. He was very old and grey, and he shone like an angel of God. All the people saw how the flames licked around him but did not touch him. Frightened by such a phenomenon, the pagan judge ordered the executioner to stab him with a lance through the flames. When this was done, a vast flow of blood gushed out and extinguished the whole fire, and his body remained whole and unburned. At the Jews' persuasion, the judge ordered that Polycarp's dead body be burned according to the Greek custom, and so they dishonourably burned dead him whom they had failed to burn alive, St. Polycarp suffered in the year 167, on Holy Saturday;

Our Holy Father Damian - a monk of the Monastery of Esphigmenou on Mt. Athos, was a contemporary and companion of the great Cosmos of Zographou. He lived a life of asceticism on Mount Samareia between Esphigmenou and Hilendar. He died peacefully in the year 1280 A.D. When he died, a pleasant and sweet-smelling aroma emitted from his body for forty days; St. Mildburga (Mildred), abbess of Much Wenlock; St. Jurmin, prince of East Anglia.

24 February / 9 March — The Finding of the Head of St John the Forerunner - The great and glorious Forerunner was beheaded at the wish and request of the wicked Herodias, wife of Herod. When John had been beheaded, Herodias ordered that his head should not be buried with his body, for she feared that the terrible prophet would somehow rise from the dead. So she took his head and buried it in some hidden and unworthy place, deep in the earth. Her lady-in-waiting was Joanna the wife of Chuza, a courtier of Herod's. This good and God-fearing Joanna could not bear that the head of the godly man should remain in an unworthy place, so she disinterred it secretly, took it to Jerusalem and buried it on the Mount of Olives. Not knowing about all this, King Herod, when he heard about Christ and His great miracles, was afraid and said: 'It is John, whom I beheaded; he is risen from the dead!' (Mk. 6:16). After a considerable time, an eminent government official came to believe in Christ, left his position in the world and became a monk. Under the name Innocent, he settled on the Mount of Olives, in precisely the place where the Baptist's head had been buried. Deciding to build himself a cell, he dug deep and found an earthen pot containing a head which, it was revealed to him secretly, was that of the Baptist. He venerated it and re-buried it in the same place. By God's providence, that wonder-working head went from hand to hand, disappearing into the darkness of forgetfulness and then being once more revealed, until it was finally taken to Constantinople in the middle of the 9th century, in the time of Patriarch Ignatius and the God-fearing Empress Theodora, mother of Michael and wife of Theophilus. Many miracles were performed by the head of the Forerunner. It is important and interesting to note that, while he was alive, John did not work a single miracle (Jn. 10:41), but to his relics was given the blessed power of working miracles;

Our Holy Father Erasmus - a monk in the Monastery of the Caves in Kiev. He inherited great wealth from his parents and spent all on adorning churches, especially on silver-plating and gilding icons. When he had become impoverished and remained without anything, he was despised by all. The devil whispered to him that he squandered his estate in vain; instead of distributing his wealth among the poor, he gave it for the adornment of churches. Erasmus succumbed to this temptation and believed it for which he despised himself and fell into a state of despair and began to live aimlessly and lawlessly. When the hour of his death approached the brethren assembled around him and discussed his sins which he himself was not conscious of. All at once, he straightened up in bed and said: "Fathers and brothers, it is as you say; I am sinful and unrepentant, but behold St. Anthony and St. Theodosius appeared to me and after that, the All-Holy Mother of God told me that the Lord gave me more time for repentance." The Mother of God also spoke these encouraging words to him: "The poor you have with you in every place and my churches you do not." Erasmus lived for three more days, repented and fell asleep in the Lord. This teaches us that zeal for the Church and adornment of the churches is a task pleasing to God. St. Erasmus died in the year 1160 A.D.; St. Ethelbert, king of Kent (616).

25 February / 10 March — St Tarasius, Patriarch of Constantinople - His predecessor, Patriarch Paul, secretly left the patriarchal throne, retired to a monastery and received the Great Habit. This was during the reign of Irene and Constantine. By Paul's advice, Tarasius, a senator and advisor to the Emperor, was chosen as Patriarch in 784. He quickly passed through all the stages of ordination and became Patriarch. A man of great physical stature and great zeal for Orthodoxy, Tarasius accepted this undesired state in order to help in the struggle of Orthodoxy against heresy, especially that of Iconoclasm. He was responsible for the summoning of the 7th Ecumenical Council in Nicaea in 787, where the iconoclasts were condemned and the veneration of the holy icons was restored and confirmed. Tarasius was very compassionate to the poor and indigent, building them shelters and feeding them, but he was decisive with those in power in the defence of faith and morals. When the Emperor Constantine divorced his lawful wife, Maria, and took a kinswoman to live with him, seeking the Patriarch's blessing to remarry, Tarasius not only withheld his blessing, but first counselled and then reproached him, and finally excommunicated him. As death approached, those round him saw him answering the demons: 'I am not guilty of that sin, nor of that one', until he was incapable of speech. He then began defending himself with his arms, driving them away from him. As he breathed his last, his face shone as with the light of the sun. This truly great hierarch entered into rest in 806. He had governed the Church for 22 years and four months; Our Holy Father Paphnutius of Kephala; St. Walburga, abbess of Heidenheim.

26 February / 11 March — St Porphyrius, Bishop of Gaza - This great bishop and pastor was born in Salonica of wealthy parents. He spent his youth to the age of 25 in his home town, then left his parents' home and worldly life and went off into the Egyptian desert. Under the guidance of an experienced spiritual father, the young Porphyrius became a monk and remained for five years. He then paid a visit to the Holy Land in company with his friend, the monk Mark. He lived another five years in asceticism in a cave near Jerusalem. But then his legs became weak and he was no longer able to walk. But he was always able, crawling on his knees, to be present at Divine Service. One night the Lord Himself appeared to him in a vision and healed him of the weakness in his legs, and he became completely well. When he was chosen as bishop of Gaza, Porphyrius accepted this obligation with a heavy heart. He found only 280 Christians in Gaza; the rest of the inhabitants being fanatical idol-worshippers. Only by his great faith and patience did Porphyrius succeed in bringing the people of Gaza to the Christian faith. He had to travel in person to Constantinople, to the Emperor Arcadius and the Patriarch, John Chrysostom, to beg for help in the unequal struggle against the idolators. Seeking support, he received it. The temples of the idol-worshippers were closed, the idols demolished and a fine church built with thirty marble pillars. There was especial help forthcoming from the Empress Eudoxia. Porphyrius lived long enough to see the whole city brought to the Christian faith, but only after great toil, suffering and tearful prayer on his part. He entered peacefully into rest in 421. He was a wonder-worker during his lifetime and after his death. His relics are preserved in Gaza to this day; The Holy Martyr John Calpha.